

7-Step Purity Framework

1. Pray

Allow the Holy Spirit to search your heart.
Welcome God's standard for purity.
Lean on His faithfulness as you continue.

2. Identify the Sin

What is your current view of purity?
What is a biblical standard for purity?
Where have you fallen short?
Identify the motive(s) for sin.
Identify the lie/belief that creative the motive(s).

3. Embrace the Gospel

Recognize God's concern for purity.
Think about the cost of sin(s).
Think about the effect of sin(s).
Confess to God and seek forgiveness.
Identify what sin(s) where not covered on the cross.

4. Take Steps to Stop

How does the bible describe your sin?
Confess to another believer to begin healing process.
Be intentional in behavior change.
Be intentional about environmental change.
Make restitution as necessary.

5. Replace Sin with Righteousness

Live in the light – walk in the light.
Put on the armor of light.
Utilize T.R.U.T.H.
Honor Godly character.

6. Seek Fellowship and Accountability

Regular check-in/"Sit-Rep"
Identify and record growth and wisdom.
Establish proactive safeguards.
Be the church.

7. Monitor and Measure

Steps 1-5 daily
Step 6 regularly

14 Day Purity Challenge

Day 1

Matthew 5:8 Psalm 139:23-24

How has purity impacted how I see God? Where are the dark areas of my inmost being?

Day 2

Genesis 3:1-6 Matthew 5:28 Ephesians 5:3

What standard of purity have I embraced? What is God's standard?

Day 3

Galatians 5:16-25 Ephesians 5:5

Are these verses applicable to me? How do I relate my purity to my inheritance?

Day 4

1 Corinthians 7:4 2 Corinthians 10:4-5

Who really owns my body? Really? How does my behavior reflect this?

Day 5

1 John 1:9 James 5:16

Where can I go for forgiveness? Where can I go for healing?

Day 6

2 Peter 3:1-3 1 John 2: 26-28 James 3:17

Why (of what) do we need to be reminded? Where do I receive Godly instruction?

Day 7

Exodus 20:1-17 Romans 7:5-13

How many commandments deal apply to "purity"? How should I apply the commandments to life today?

Day 8

1 Kings 21:1-15 2 Kings 9:21-37 Revelation 2:18-25

What do I covet? How do I justify it? How are my actions concealed? What is the cost?

Day 9

1 Corinthians 12:25-26 1 John 1:5-6 Romans 12:1-15

Why do I care about the problem in the church? Why do I care about the problem in me?

Day 10

2 Corinthians 10:4-5 Romans 12:2 Job 31:1 1 Thes. 5:23-24

How can (re)commit to purity? Where does the battle start?

Day 11

Psalm 1 Psalm 22:8 Psalm 103:1-18

How/from what has God delivered me? How has God "re'd" me? (renewed, restored, redeemed)

Day 12

Isaiah 43:18-19 Romans 8:1-12

What are the evidences of my commitment to purity?

Where can I go for healing?

Day 13

Jude 17-22 1 Thessalonians 5:23

How can I endure?

Where is my source of endurance?

Day 14

My verses: _____

What is God telling me?

What I need to do:

Who I will involve:

Bible References Summary for Purity Ministry

"Blessed are the pure in heart, for they will see God" --Matt. 5:8

Genesis 2:18	suitable helper	1 Corinthians 7:4	wife & husbands body
Genesis 2:24-25	leave & unite, no shame	1 Corinthians 10:13	no temptation w/not common
Genesis 3:1-6	original sin	1 Cor. 12:25-26	mutual concern in the body
Genesis 39:12	Joseph flees, Potiphar's wife	2 Corinthians 1:3-4	comfort with comfort received
Exodus 20:1-17 10	Commandments 7&10	2 Corinthians 10:4-5	strongholds, captive thought
Leviticus 18:24-25	land vomits out	2 Corinthians 10:6	Punish acts of disobedience
Joshua 24:14-15	choose who to serve	2 Corinthians 11:2	pure virgin to Christ
2 Samuel 13:1-32	Amnon and Tamar	Galatians 5:13	called free, do not indulge sin
1 Kings 21:1-15	Naboth's vineyard	Galatians 5:16-24	acts of sinful are obvious
2 Kings 9:21-37	Jezebel's death	Galatians 5:25	in step with the Spirit
Job 31:1	covenant w/eyes	Ephesians 4:29-32	guard mouth, kind & forgiving
Psalms 1	blessed man	Ephesians 5:1-33	not even a hint
Psalms 12:6-8	flawless vs. vile	Ephesians 5:27	without stain or blemish
Psalms 22:8	trust-rescue-deliver-delight	Philippians 1:9-11	pure and blameless
Psalms 101:1-4	blameless heart	Philippians 2:14-16	w/o complaining or arguing
Psalms 103:1-18	Praise, renew like eagles	Philippians 3:13-14	press on to the goal
Psalms 119:11	Word in my heart	Philippians 4:8	think about such things
Psalms 119:105	lamp-feet, light-path	Philippians 4:13	can do everything
Psalms 139:13	mother's womb	Colossians 3:5-10	death to earthly nature
Psalms 139:23-24	Search me, O God	1 Thess. 4:1-7	living to please God
Psalms 142:7	Set me free	1 Thess. 4:8	not reject man but God.
Psalms 145:17-21	near to all who call	1 Thess. 5:14	warm the idle
Proverbs 1:7	fear of the lord	1 Thess. 5:21-22	Avoid every kind of evil
Proverbs 4:23	heart is wellspring of life	1 Thess. 5:23	sanctify spirit soul and body
Proverbs 5:15-23	wife of your youth	2 Thess. 2:10	refuse truth – perish
Proverbs 27:17	iron sharpens iron	1 Timothy 1:5	love from pure heart
Proverbs 28:13	conceals does not prosper	2 Timothy 2:22	flee evil desires of youth
Proverbs 28:18	perverse suddenly fall	2 Timothy 4:23	itching ears
Ecclesiastes 2:11	meaningless, chasing the wind	Titus 2:11-15	"No" to ungodliness
Ecclesiastes 4:12	chord of three strands	Titus 3:3	enslaved to passions
Song of Solomon 5:1	eat & drink your fill	Hebrews 3:12-13	not hardened by sin
Isaiah 43:18-19	forget former things	Hebrews 4:12-16	living active, nothing hidden
Isaiah 59:1-3	sins have hidden His face	Hebrews 12:1	sin entangles, persevere
Jeremiah 17:9	heart deceitful, beyond cure	Hebrews 13:4	marriage bed kept pure
Jeremiah 20:11	Lord is with me	James 1:15	lust – sin – death
Matthew 5:8	pure in heart	James 3:17	wisdom is first pure
Matthew 5:28	looks in lust commit adultery	James 5:16	confess and be healed
Matthew 11:28-30	yoke easy, burden light	1 Peter 4:12-13	not surprised at trials
Luke 7:41-47	forgive much love much	2 Peter 2:19(b)	slave to what masters him
Acts 13:36	serve generation then die	2 Peter 3:1-3	wholesome thinking
Romans 6:6	no longer slaves to sin	1 John 1:5	walk in darkness, we lie
Romans 7:5-13	sin and the law	1 John 1:8-10	not without sin, confess
Romans 8:1-12	no condemnation, sonship	1 John 2:26-28	anointing, need no teacher
Romans 12:1-2	bodies living sacrifices	Jude 17:22	build up, be merciful
Romans 12:4-5	in Christ one body	Revelation 2:18-25	Church in Thyatira
Romans 12:15	rejoice and mourn	Revelation 9:21	did not repent immorality
Romans 13:11-14	armor of light	Revelation 21:7-8	inherit, or cowardly perish
1 Cor. 6:18-20	sin against your body	Revelation 22:14-15	blessed are those, tree of life